From: **Pus Councillor** prestonunderscarpc@gmail.com
Subject: Fwd: ☀ April Newsletter Update 🌷
Date: 25 April 2019 at 09:57
To: prestonunderscarpc@gmail.com
Bcc: [redacted]

CP

---------- Forwarded message ---------
From: **Healthwatch North Yorkshire**
<admin@healthwatchnorthyorkshire.co.uk>
Date: Tue, 23 Apr 2019 at 15:42
Subject: ☀ April Newsletter Update 🌷
To: <prestonunderscarpc@gmail.com>

healthwatch North Yorkshire

April Newsletter

Welcome to the Healthwatch North Yorkhire newsletter - bringing you up to date with our work as well as national and local health and social care news.

what would you do?

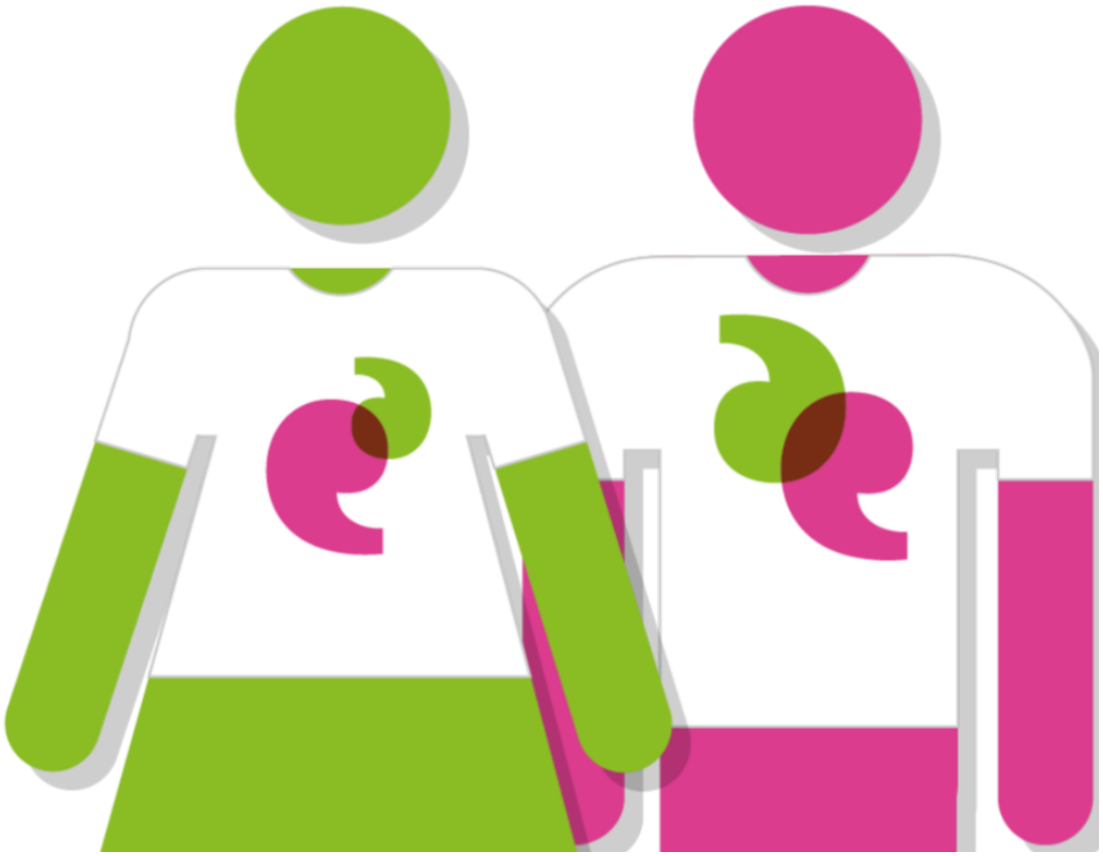
It's your NHS. Have your say

It's your NHS. Have your say.

#WhatWouldYouDo - We want to hear your views about what your local NHS can do to help you and your community to stay well, and to make the support available better. This is *your* chance to tell us what is important to *you* when it comes to:

- Being supported to live a healthy life
- Managing and choosing the support you need
- Keeping your independence and staying healthy as you get older
- How you interact with your local NHS

You have until the **30th April** to have your say by taking part in our online survey, you can also follow our hashtag on twitter using #WhatWouldYouDo.



Volunteer with us!

Volunteer and become a Health Connector with Healthwatch North Yorkshire...

Our Health Connectors share their time, energy and experience to help others and we would love to welcome you to our team!

We have a range of volunteering opportunities to suit everyone, check out our website for details on how you can get involved and start making a difference in your local community!

Youthwatch North Yorkshire

Youthwatch is for anyone living in North Yorkshire aged between 14-25!

We spend our time making sure health and social care services perform at their very best for everyone - including young people! We want to encourage you to have your say on how you think health and social care services can work better for **you**.

We have loads of volunteering roles to suit everyone, whether you're a keen blogger, savvy on social media, take a great photo or want to get out into the community - chances are we have something for you!

For more info about Youthwatch and to see how you can get involved check out our website here!

News and Events

Major Changes -
Check out our *Major Changes* page on our website, giving you up to date information on important changes happening both nationally and locally in health and social care.

Find out more here.

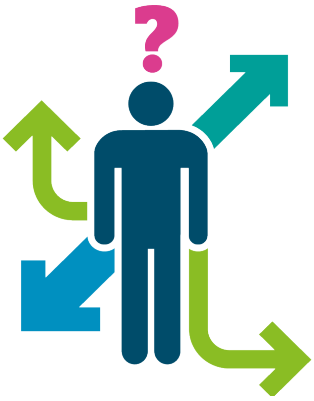
HWNY - Upcoming Focus Groups
As a result of your feedback about a lack of mental health support in North Yorkshire, we've decided to focus our attention on this service user area.

Thursday 25th April - 11.30am – 16:30pm talking to service users at Scarborough Survivors – lunch provided

Thursday 2nd May – 12:00noon – 14:00pm talking to service users at Darlington Mind – lunch provided

Dementia Advice Clinic -
Derwent Practice in Malton is now working with The Alzheimer's Society to offer appointments for patients to speak to a dementia support worker.

Find out more here.



New frailty service launched in Scarborough and Ryedale - Patients in Scarborough and parts of Ryedale are set to benefit from an enhanced range of adult community services.

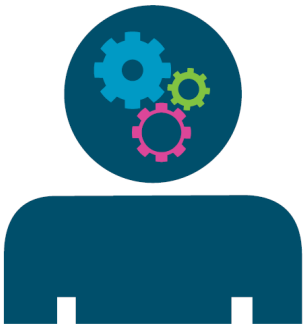
Continue reading here

Alcohol Use Survey - North Yorkshire County Council (NYCC) has commissioned an independent research agency to conduct a survey with residents about alcohol use.

Complete the survey here.

Mental Health Awareness - Free mental health awareness training for people volunteering or working within the voluntary and community sector.

Read more here.



Free suicide alertness training - Half day free suicide alertness training free for people working or volunteering in the voluntary and community sector.

Find out more.

More News and Events

Our mailing address is:
admin@healthwatchnorthyorkshire.co.uk

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.