



Hambleton, Richmondshire
and Whitby
Clinical Commissioning Group

HRW CCG News

February 2019

Welcome to the latest newsletter from your local NHS clinical commissioning group. We welcome your feedback: hrwccg.media@nhs.net

Over the last 18 months, following public engagement, consultants at the Friarage have developed an innovative new model, to provide acute medical services in a small rural hospital. During this public engagement South Tees Hospitals NHS Foundation Trust stated its intent to go out to full public consultation on this model. However, the Trust has now been overtaken by events and needs to make some temporary changes to critical care services at the Friarage Hospital. [Read more](#)

Community equipment amnesty launched across North Yorkshire

Local NHS and social care leaders are calling on people across North Yorkshire and York to return loaned equipment like walking frames, crutches, beds, mattresses and hoists when no longer needed.

Last year the NHS launched a national so-called “crutch amnesty” to deal with concerns that perfectly good medical equipment is going to waste. It’s thought that for every 50 pairs of crutches issued through the NHS, only 10 pairs are returned. With a pair of crutches typically costing around £12.50, the annual bill for crutches in the NHS is estimated to be around £3 million. [Read more.](#)

Alzheimer's Society Updates

The Digital Assistance service is for those people without access to the internet or a computer, or who do not have the skills or confidence to use one and complete the Lasting Power of Attorney forms themselves. All appointments are conducted over the telephone.

Further information available [here](#).

The Alzheimer's Society has published a new guide called [Caring for a person with dementia: A practical guide](#) for people caring for someone with dementia. It will help carers to understand dementia and how to support someone living with the condition, as well as their own rights and how to look after themselves. This is also available free of charge.

Sport England have teamed up with Alzheimer's Society and produced a [dementia-friendly sport and physical activity guide](#). You can read more [here](#).

Local NHS Charity Ball

A local NHS Trust is hoping to raise funds for patients and carers by hosting their first ever Springtime Ball.

Humber Teaching NHS Foundation Trust and its Charity Health Stars are inviting local businesses, community groups, families and friends to join them on 11 May for the 'Secret Garden' themed bash.

You can read more [here](#).

Never easier to apply for and renew a blue badge

A new service which makes applying for a new blue badge parking permit, or renewing an existing one, easier for people is now available online. The new online application process has been launched by North Yorkshire County Council as part of its overall commitment to make things easy for residents to contact it and access a wide range of council services. [Read more](#).

Information for Carers

Carers Resource in Northallerton
Hold quarterly carer forums and they are an opportunity for carers to meet one another and discuss issues that affect all carers, or different groups of carers (eg working carers, parent carers, sandwich carers etc). Find out more [here](#).

My Health, My Tech workshop

A strategy called My Health, My Tech is being developed by the North Yorkshire Health and Wellbeing Board. The final version will provide a ten-year plan of how technology can be used to help people to live well; receive information, support and treatment when they need it and make choices about how their care services are provided.

Please follow the link below to take part in the survey.

[My Health, My Tech workshop and information](#)

Helpful mobile apps to download

The MeeTwo app provides a safe and secure forum for teenagers wanting to discuss any issue affecting their lives. Download now:

[MeeTwo](#)

The Pzizz app helps you quickly quiet your mind, fall asleep fast, stay asleep, and wake up refreshed. Download now:

[Pzizz](#)

Use the Owise breast cancer app to keep track of your treatment and your wellbeing. Record fatigue, appetite, pain and other health facts to spot trends and help improve your care. You can also record conversations with your doctor to listen back to in your own time. Download now:

[Owise breast cancer](#)