

Transforming mental health services in Hambleton and Richmondshire

Update October 2018

Background

We agreed to develop new ways of working, with enhanced community mental health services and specialist hospital support when required. This includes the development of a new community hub, providing greater access to support from our community teams so that more people can receive care in their homes.

When specialist hospital support is needed, this will be provided at Roseberry Park in Middlesbrough or West Park in Darlington, depending on their location. These services are currently provided at the Friarage Hospital, Northallerton, and this will continue until it is possible to transfer the services.

In addition, services are already provided at Auckland Park, Bishop Auckland, for a small number of people who need specialist dementia care in a hospital setting. This will continue within the new model on an ongoing basis. However, we anticipate our new infrastructure will mean more people with dementia can receive the care they need in the community.

Roseberry Park update

As you are aware, some essential building works at Roseberry Park need to be completed before the inpatient services currently provided at the Friarage Hospital can be transferred to Roseberry Park. There have been a number of issues with the contract, so it has not been possible for this work to take place.

However, on 27 September, the current contract was terminated, which means we can now progress alternative arrangements. We aim to have new contractors in place by the end of this year, so work can start in February 2019. The requirements are quite extensive, so we are developing detailed plans to address them. This means that unfortunately we are not yet able to confirm when each stage will be completed.

What does this mean for mental health services in Hambleton and Richmondshire?

We are now in a position to progress our implementation plan for the new model. This is a significant point in our journey, and the next stage is to determine when and how to transfer our hospital support services. We are considering the best way to do this, and expect to have a further update in the next two months.

Plans for the community hub



Artist's impression of the community hub

We are continuing to develop other parts of the new service model, including our plans for our community hub. This fantastic new centre will offer a range of facilities, including consultation rooms, physical healthcare, a service user garden and much more. We aim to have support available from a multi-disciplinary team of professionals, including psychologists, social workers, healthy living advisers, nurses and support workers. Our extended working hours mean appointments will be available from 9am-7pm Monday to Friday and from 9am-5pm on a Saturday. Older people's services will be available seven days a week from 8am-8pm.

Recovery at home

We are working to identify more opportunities for recovery at home, and these actions have already helped to reduce the number of people who need to stay in hospital. Our clinicians work with adult mental health service users to develop care plans which enable more people to continue their recovery in the community, with support from community mental health services, local authorities and housing associations. This includes planned leave from inpatient care and early discharge.

Our crisis teams are also working with community staff to establish our *early warning and crisis curve* model. This uses psychologically informed interventions and crisis planning to promote earlier detection amongst some adults who may be in need of additional support. This may lead to a referral to our intensive home treatment teams.

If you have any further questions please contact us on tewv.enquiries@nhs.net

